



**BRUCE JANKE, M.D. & STEVEN NAIDE, M.D.**



**TAKE THE FIRST STEP TO REGAINING  
YOUR QUALITY OF LIFE.**

## Anterior Approach to Total Hip Replacement Surgery

For a quicker recovery, less invasive approach to hip replacement and a chance to return to a full, active lifestyle sooner, the anterior approach is a remarkable option for patients suffering with debilitating hip pain.



Dr. Bruce Janke and Dr. Steven Naide are among a very exclusive group of surgeons nationwide and the *most experienced* surgeons in South Florida performing the anterior approach to hip replacement. They are the *first surgeons* in South Florida to use the specially designed Hana table in the operating room. State of the art technology and x-ray guidance is utilized in the operating room and allows for precision guidance and accurate measurement of leg lengths.

Since no muscles are cut during surgery there is a lower risk of hip dislocation. Therefore, Dr. Bruce Janke and Dr. Steven Naide's anterior hip replacement patients have *no post operative hip restrictions* and can return to their everyday bending, sitting or sleeping. Hundreds of East Coast Orthopaedic patients have enjoyed the benefits of anterior hip replacement surgery and their speedy return to a full and active lifestyle. The goal of East Coast Orthopaedics is to improve the quality of life for our patients.

- No Post-Operative Restrictions
- Faster Recovery
- Quicker Return to Normal Activities
- No Muscle Cutting
- No Post-Operative Restrictions
- Smaller Incision than Traditional Hip Replacement Surgery
- Less Pain

WHO HAS TIME FOR A LONG RECOVERY?



**Board Certified  
Orthopaedic Surgeons**

**YOU'VE SUFFERED LONG ENOUGH.... IT'S TIME TO CHANGE YOUR LIFE AND GET BACK TO BEING YOU, AGAIN!**

**EAST COAST ORTHOPAEDICS**

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