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For Immediate Release

North Broward Medical Center Acquires Additional hana® table

Only Hospital with Two Tables Specially Designed for Anterior Hip Replacement Surgery

Deerfield Beach, FL –Broward Health North Broward Medical Center has purchased an additional hana® table, making it the only hospital in South Florida to own two of these unique tables designed specifically to aide orthopedic surgeons in the anterior approach to hip replacement surgery.

The hana® table is a specially designed surgical table that allows for hyperextension, adduction and external rotation of the hip to an extent not possible with conventional tables. While utilizing the table, surgeons are able to replace the hip without detachment of the muscle or tendon from the hip or thigh bones.

"We've seen such great results and incredible satisfaction from our anterior hip replacement patients," says Pauline Grant, CEO of North Broward Medical Center. "We wanted to invest in a second hana® table so we can perform even more anterior hip replacement surgeries and further spread the word about this incredible procedure."

Orthopedic surgeons Dr. Bruce Janke and Dr. Steven Naide are the most experienced surgeons using the hana® table in the area and have completed more than 500 anterior hip replacements using the table housed at North Broward Medical Center.

"We're definitely seeing an increase in patients as the community becomes more educated on the benefits of the anterior approach," says Dr. Bruce Janke, Medical Director of the Joint Replacement Center at North Broward Medical Center. "Having a second table will decrease wait times, allowing more patients to get back to doing the things they love pain free even faster."

With the anterior approach, a small 4 inch incision is made just below and to the outside of the groin. Two muscles are then pushed aside, giving the surgeons access to the hip socket to perform the replacement. No muscles at any time during the procedure are split or detached. For the patient, that results in a faster recovery, less pain, smaller incision, less blood loss and less scarring.

Patients receiving anterior hip replacement experience none of the precautions related to traditional hip replacement, including no post op dislocation precautions, no restriction of post-op activity, immediate use of normal toilet height, no post-op abduction pillow (between the knees) required, cross legs as desired, no shoe lift requirements and no post-op sexual activity limitations.

The Joint Replacement Center at North Broward Medical Center features private patient rooms, family centered patient education, group therapy and the latest advances in joint replacement surgery. The center is certified by the Joint Commission for hip and knee replacement, the first and only hospital in Broward County to achieve this prestigious certification. To earn this distinction, the program underwent extensive, announced, on-site evaluations by a team of Joint Commission reviewers. The program was evaluated for its processes, the ability to evaluate and improve care and thorough interviews with patients and staff.

The Joint Replacement Center team includes highly trained orthopedic surgeons, a medical director, anesthesiologists, pharmacists, RNs and patient care technicians, a clinical nurse specialist, physical

therapists/aides, orthopedic technicians, nutritionists, surgical and perioperative team members, case managers and a program coordinator. The staff works with patients in a structured recovery program, including pre-operative and post-operative patient education, with an emphasis on pain control. There is also individual physical therapy with the inclusion of "coaches" in the patients' daily routines.

Broward Health, providing service for more than 50 years, is a nationally recognized system offering world class health care services to our neighbors in South Florida. One of the 10 largest public health systems in the nation, Broward Health includes Broward General Medical Center, North Broward Medical Center, Imperial Point Medical Center, Coral Springs Medical Center, Chris Evert Children's Hospital, Broward Health Weston and more than 30 facilities of the Community Health Services and Broward Health Physician Group. For more information visit www.browardhealth.org.

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